

# Summer Sports Camp 2017



GRAND RAPIDS  
IT'S IN MINNESOTA'S NATURE  
PARKS AND RECREATION

AGES 7-12



## An Active Alternative to Summer Child Care

Summer Sports Camp is a safe, fun, low-competitive program designed to build teamwork, sports skills and self-esteem. Participants will engage in numerous activities to promote an active and healthy lifestyle. From archery to badminton, flag football to tennis, our staff will keep your kids active. Participant must bring a lunch daily. Snacks and drinks will be provided throughout the day.

June 5–September 1 Mondays–Fridays IRA Civic Center

**Typical Daily Schedule:**

**Program Hours:** 8:30 a.m. – 4:30 p.m.

**Drop-off\*:** 7:30 a.m. – 9:00 a.m. Free Time

**Gym Games:** 9:00am-10:00am

**Snack:** 10:00am-10:30am

**Focus Activity:** 10:30am – 12:00pm

**Lunch/Reading Time:** 12:00pm-1:00pm

**Free Time:** 1:00pm-1:30pm

**Focus Activity:** 1:30pm-3:00pm

**Gym Game:** 3:00 pm – 4:00 pm

**Cool Down/Free Time:** 4:00 pm – 5:30 pm

Breaks throughout the day will include opportunities for board games and other individual relaxed options.

**Cost: \$125 per  
participant per week.**

(Weekly and Daily Payment  
Options Available)

**WEEKLY FOCUS ACTIVITIES**

Week 1– Basketball and Volleyball

Week 2– Golf and Disc Golf

Week 3– Tennis, Pickleball, and Table Tennis

Week 4– Softball and Soccer

Week 5– Archery and Handball

Week 6– Archery and Hiking

Week 7– Track & Field and Badminton

Week 8– Biking and Swimming

Week 9– Ultimate Football and Kickball

Week 10– Skating and Floor Hockey

Week 11– Camping Skills and Capture the Flag

Week 12– Fishing and ATV Certification

Week 13– Biking and Gym Games

Parent Name:				Phone Number:		
Email:						
Address:			City:		Zip:	
Child's Name			DOB:		Grade:	
Week 1 <input type="checkbox"/>	Week 3 <input type="checkbox"/>	Week 5 <input type="checkbox"/>	Week 7 <input type="checkbox"/>	Week 9 <input type="checkbox"/>	Week 11 <input type="checkbox"/>	Week 13 <input type="checkbox"/>
Week 2 <input type="checkbox"/>	Week 4 <input type="checkbox"/>	Week 6 <input type="checkbox"/>	Week 8 <input type="checkbox"/>	Week 10 <input type="checkbox"/>	Week 12 <input type="checkbox"/>	Emergency Contact:
Hold Harmless Agreement: As consideration for permission by the City of Grand Rapids to use its property and / or facilities, the under signed hereby agrees to hold harmless, indemnify, and defend the City of Grand Rapids, its Departments, Council Members, Officers and Employees against any and all claims, losses, damages, or lawsuits for damages arising from, allegedly arising from, or in any way related to the undersigned's use of the City of Grand Rapids' property, facilities or equipment.  Parent Signature: _____				VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/>		
				Card Number: _____ - _____ - _____ - _____		
				Exp Date: ____ of 20____ CV#: _____		
Mail to 420 North Pokegama Avenue, Grand Rapids MN, 55744. Phone 218-326-2500 www.cityofgrandrapidsmn.com						